



# October 2009 Newsletter

## North Shore Unitarian Church

*Belong with heart. Thrive in spirit. Act in service.*

A liberal religious community serving greater Vancouver from the North Shore

### Sunday Morning Services Services start at 10:30 am

#### UPCOMING SERVICES

##### **Oct 4 – Multigenerational Thanksgiving Service**

Speaker: Rev. Stephen Atkinson  
Co-ordinator: Vandy Savage

As our Religious Education teachers will be on retreat this weekend, there won't be RE classes today. Instead, all ages will celebrate the Thanksgiving season together in the sanctuary. This year, the vegetables we collect will be donated to the Food Bank before the holiday, which makes good sense, doesn't it?

##### **Oct 11 – Loving Vigil-Keeping: Some Child Haven Stories**

Speaker: Rev. Fred Cappucino  
Co-ordinator: Rev. Stephen Atkinson

Fred is Minister Emeritus of the Unitarian Fellowship of Ottawa. He and his spouse Bonnie are Directors of Child Haven International, which cares for a thousand formerly destitute children in five Homes in India, and one each in Nepal, Tibet, and Afghanistan.

##### **Oct 18 – Generosity in Uncertain Times**

Speaker: Rev. Stephen Atkinson  
Co-ordinator: Andrea Berman

Today is the first day of our Canvass to support the church, its programs and works through 2010. Markets

are up but employment forecasts are down, leaving many wondering what will come about for us and those around us in the coming year. How do we gauge generosity in such times?

##### **Oct 25 – Our Sources II: World Religions**

Speaker: Rev. Stephen Atkinson  
Co-ordinator: Rob McGregor

The second service based upon our Sources will consider "wisdom from the world's religions which inspires us in our ethical and spiritual life." After soup, I will lead a discussion in the sanctuary.

#### "Belong With Heart" Canvass

This year's pledge drive begins October 18th. Packets will be distributed the week of October 12th.



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### Mission Statement

The mission of North Shore Unitarian Church is to empower people to live with greater depth, meaning and purpose. We welcome all to our caring community, foster spiritual growth free of dogma, and inspire actions in the service of life.



#### North Shore Unitarian Church

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## From the Minister REVEREND STEPHEN ATKINSON



I'm not a good dreamer in the night-time sense. Images are rarely clear or in colour; real people almost never show up; if anyone, it's a stranger cloaked in murky haze; if I wake with even a wisp of a dream in mind it's gone before I finish rolling over. So when a dream bursts out of all these usual limitations, I make a point of thinking about it. One came not long ago.

The details of this personal dream are irrelevant, except to say that in this pastel-coloured dream I was in the company of someone from my past who has been a source of conflict. The story ended long ago, but the ripples and reverberations, the rehearsed scenes and resentments all lived on and on. What can I say? Letting go is hard. During my visit to New Brunswick and Ontario last summer, though, I found myself thinking that this time it might be manageable if I were to run into this person and just say hello. It didn't happen, but I felt it would have been all right.

As for the dream, we were walking and talking together; the time was undetermined. Past? Present? Future? It was remarkably comfortable, even lovely in a way; it was as though all that had happened had become unimportant. On

waking, though, I felt the dream was very important. I felt a shift had taken place; some piece of knotted gut had let go. The words that came into mind immediately were: Finally! At last! Finally, I felt some peace of mind. At last, I could remember the good side of that person, not in the vivid colours of passion, but in the soft pastels of forgiveness.

There was a long time when I'd not have even wanted this dream, followed by a long time when I wanted to want it but wasn't at all ready. Then I felt ready but suspicious of letting my guard down – even inside my own mind, for goodness' sake – as if that were to lose! Then I began to know it was necessary, and then I yearned for it. Gradually that basalt resolution to stay enraged was worn down to this creamy dream that saw it all in perspective.

Often people have a hard knot of old anger clamped tightly onto them. Maybe to an organ, causing ulcers or hypertension. Or to the heart, limiting love or trust. Or even to the spirit. Old religious experiences can take hold like this: what was taught or done or felt in a previous church or community can feel unforgivable. All of these knots come in the doors when we or others first arrive here.

Sometimes being Unitarian Universalist calls us to act upon our rage, to storm against injustice or confront abusive powers. Some among us in the present, recent or distant past have changed the world as a result. But what do we do when there's no way to bring about a change? When the injustice or abuse is held inside?

That's when Unitarian Universalism calls us to seek for peace – inner peace, serenity and a calmer understanding. To get there is not to surrender; it is to grow around, like a tree grows around the scar

of a fallen branch, becoming unique and beautiful by accepting the injury and refusing to let it stop life. I love this softer, pastel call to us to settle things, to sigh and breathe and understand.

It starts with wanting to want it.

### OFFICE HOURS:

Wednesday 4:30 to 6 pm;  
Thursday 5:30 to 7 pm;  
Friday 1 to 3 pm;  
Other times by appointment.

### Did You Know...

... that you can have a joy or concern mentioned during the Sunday service? As long as you have the permission of the person concerned, just write your information on the sheet for the coming Sunday which is found in the black binder on a stand in the foyer of the church.

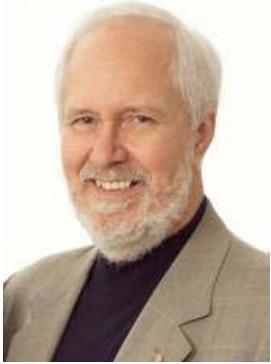
... that you can drop in to see our minister during his office hours without an appointment? There's the small risk that someone may have dropped in before you, but otherwise the door is open. If you prefer, you can make an appointment by calling Stephen at 778-847-7838 or e-mailing him at [satkinson@nsuc.ca](mailto:satkinson@nsuc.ca).



**Don't forget...** Sunday announcements can often be included on the yellow insert in the Order of Service if you send them to the Office by Thursday afternoon.

## President's Message

Wayne Hanna



October seems to come so quickly. We have just finished thinking about summer coming and now it is gone. It has come and gone so quickly and now we are faced with the gathering darkness of early night and late mornings.

Often we think of spring as renewal but for many of us fall is actually when many things begin. The new school year, fall and winter sports and, oh yes, another church year. The longer nights have their own magic as we sit around the fireplace or spend time with our families working, playing games or just watching television. There are also the opportunities to spend time with friends, the community dinners and the suppers together. And there are the many opportunities to gather together with other members of our congregation. It is an important part of developing our bonds with each other.

October is the second month of our church year and the Board has already held three meetings focused on implementing the mission statement approved in May.

This will be an important year of transition for us. Whatever the final decision on the sale of our property, we are on a journey together. We believe that it is important for us to develop a roadmap to both

implement our new mission and to maintain a strong caring community.

The Board has decided, together with the Healthy Growth Committee, to hold some workshops during the coming year to develop specific action plans that will encourage our growth while supporting our community during this period of transition.

The first workshop will be held on November 21, 2009 (location still to be determined) and will be the first of three workshops led by the Healthy Growth Committee. The Committee Chairs, the staff, past Presidents and the members of the Board will be invited to attend, but we will welcome any member of the church to join us and participate in this process. Only by working together will we develop the commitment and courage to support each other during this time of transition. We look forward to your involvement in this process.

Two of our Committee Chairs (Frances Gray and Dianne Hicks) have recently resigned their positions and I would like to thank them for their work and commitment to our Church. You may wish to express your individual thanks to them when you see them.

As the Town Hall meetings were generally not well attended last year, but were an important communication process for some members of the congregation, the Board has decided to continue the Town Hall Meetings but reduce the number of meetings to three. They will be held on October 4, 2009, December 6, 2009 and March 7, 2009. All members are invited to attend at 12 noon following the Sunday service.

Wishing you all the best for a wonderful Thanksgiving with family and friends.

We welcome your comments and input. Feel free to call me at 604 921 9580 if you have anything to discuss regarding the on-going operation of our church.

## Adult Religious Education

The real new year—September—has come and gone for those of us who still love the smell of erasers and shopping for new notebooks. Here at North Shore our A.R.E. programs kicked off with the first session of Building Your Own Theology, and the new year for Discovery Circles has also started.

We're very pleased that Arthur Berman will be offering a three-session course on Channing, Emerson, Parker: Three Prophets of Religious Liberalism, in November.

Living by Heart meets for the first time since June on Thursday, October 1st at our new time of 1:30-3:45. An evening group will start the first Wednesday in November if there is enough interest. We'll have a sign-up sheet downstairs in October.

ElJean Wilson

### *Sunshine Coast Unitarian Gathering*



A new group of Sunshine Coast UUs is meeting the 3rd Sunday of every month at Rockwood centre in Sechelt 4:30 to 7pm. There is a pot luck at 5:30 at each gathering.

# Children's Program

COORDINATOR: Lynn Sabourin



We had a beautiful start to the program year, with the sun working cooperatively with us. Kudos to the team that came together at the last moment to do the corn roast and barbeque following the service. These are the kind of events that children particularly remember and it was good that that tradition carried on. While thanking people... I inadvertently forgot to include Sharon Bowen in my appreciations for the June clean-up- thanks Sharon. I'm also grateful to Teya Sharir whose charming drawing graces our Children's Program booklet (which you can also see on the website).

On Sunday we welcomed some new children and their families: Desiree Bosch and mom, Dana; Lila and Alex Mooney and dad, Patrick and mom, Mary Hartman; Jaden and Nolan and mom, Lisa Mah and dad, Bill Fielding; Madeline Grierson Williams, Lila Williams Grierson and mom, Jennifer and dad, Bruce; Eliana and Thomas Burke and mom, Elisha and dad, Mat (who is not new, but as a dad here, he is).

The first Sunday was spent in getting acquainted with each other in each of the classes. The two **Spirit Play** classes (3-6 year olds) became familiar with the routines that are part of creating sacred space in their classroom; the chalice lighting and song, the Love

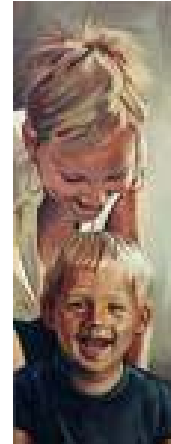
Surrounds Me song, the Gandhi Peace Chant, story, work time and feast time. Each week a story is told with manipulative materials contained in its own story basket and is followed by wondering questions, which encourage the children to think for themselves about the meaning in the story, rather than being told what the moral is or what they should believe. This is a special hour, different from the rest of the week, that is set aside to nurture spirit.

Our Primary group of 7-8 year olds are using a Spirit Play version of the program **Holidays and Holydays**. Their first session covered the same review of the flow of the morning as did the younger class, but also included a summary of our principles, which they call promises. They looked at our Unitarian Universalist sources, that is, where our ideas and beliefs come from. After this introductory session, they will be exploring the special days and holydays from different world religions and cultures that are celebrated in the fall.

The Middle group of 9-10 year olds and the Intermediate class of 11-12 year olds are using a new on-line curriculum called **Windows and Mirrors**. Their first two sessions looked at how we each use our own unique lens as we look at our world. They heard about Charles Darwin, who followed his own path to become a naturalist despite his father's expectations that he become a physician. Darwin's way of observing the world gave humankind the gift of his observations and conclusions about life on earth and our place within it.

We're off to a good start!

## SECRET BUDDIES



Our program starts on October 4, so don't forget to put something in your buddy's mailbag each week, even when you can't come on a Sunday. Send it with a friend or pop into the Church during the week.



## POTLUCK AND HAUNTED HOUSE



Don your favourite costume and bring a dish and a beverage to share with family and friends at our first potluck supper of the year. We gather downstairs on Sunday, November 1, from 5-7 pm to enjoy a meal together followed by games and a haunted house which is created by our Youth Group. Absolutely EVERYONE is invited. For more info please call Lynn at 604-926-1621.



## Youth Program

COORDINATOR: Samaya Oakley



### Religious Educator's Leadership School 2009!

As the days grow shorter and the fall crisp fills the air, I like to remind myself of the heat of the summer and compare the contrast. During one of the hottest weeks in July, I was privileged to join colleagues from all over at the Cedar Ridge Retreat Center near Portland Oregon for an intensive week of Unitarian Universalist religious education leadership training. We enjoyed (or as some would say, endured) unseasonable temperatures in the triple digits. This event went down in the annals as "The Hot One!"

Our work focused on some broad themes including Unitarian and Universalist history and theology as well as the history of religious education in each of these traditions. We explored systems theories and examined our roles in the structures of our own congregations. We worshiped and encountered and shared our personal theologies and our struggles to live authentic and congruent lives. We experienced and resolved conflicts as we worked in leadership groups under observation and explored group dynamics. As you can well imagine, the week brought laughter, tears, frustration, and joy. It was

meaningful, educational, and transformational for many of us that were there.

I am bringing back a slightly new perspective on faith and faith development. That when we speak of growth in our congregations, to broaden that perspective to include spiritual growth, internal growth, growth in the skills needed to remain a healthy, vibrant congregation, and growth in the areas of self-awareness to our own group dynamics. I am recognizing the tremendous opportunity for volunteers to encounter their own changing and growing theology through their ministry with children, youth, adults, and the entire community. I am realizing that my own ministry must focus more on the development of these opportunities. It is my dream that we all will come to proclaim that the most powerful and profound personal faith development work they have ever done is in the work they take on in these areas.



## And Now, a Word from our Canvass

Mindful of our continuing need for worldly resources to pursue our spiritual and social objectives, the Canvass Tri-chairs will be conducting the 2010 pledge drive this Fall.

Our three-amigo management structure is undergoing some reinvigoration. After years of faithful service, Barrie Forbes is moving on. In his place, we are pleased to announce that Joyce Thierry will be joining Don Gayton and Jim Stephenson as the new team. Are we still the three amigos? Or, have we become two amigos and an amiga? We are currently negotiating with the language police.

The theme of this year's canvass is "Belong with Heart" which is the first phrase of the new NSUC motto: "Belong with Heart, Thrive in Spirit, Act in Service". We will have a newly designed pin to reflect the sentiment that financial support is an important dimension of belonging.

The pledge drive will run over six Sundays starting October 18<sup>th</sup> and finishing on November 22<sup>nd</sup>. The opening event will be a "First Donors" reception at 5 p.m. on October 18<sup>th</sup> at the home of amigo Don Gayton. A "First Donor" is defined as anyone who turns in their pledge on the first day. Pledge packets will be distributed the week before, so you will have time to plan your pledge and be a "First Donor".

The three amigo(a)s are planning other traditional and some innovative canvass events during the canvass. We want you to contemplate your support of this wonderful community. We want to resolve these worldly matters and then forge ahead with belonging, thriving, and acting. Belong with Heart!

## Social Responsibility Committee

**Meeting:** Potential new members, or the merely curious, always welcome. Next meeting: Sunday, Oct 25, 12:15, RS305.

### Sunday Social Outreach

Each Sunday, the collection plate serves as our opportunity to support specific, worthwhile causes.

Our summer contributions raised \$878 for Project HANDS, that wonderfully dedicated medical team from West Vancouver that offers free surgery in Guatemala each year.

*Sunday Outreach for October:*

### The Child Haven Story

Inspired by the ideals and philosophy of [Mahatma Gandhi](#), CHI is a registered charity founded in 1985 by Unitarian Universalist minister Fred Cappuccino and his wife Bonnie. CHI assists children and women who are in need of food, education, health care, shelter, clothing, and emotional/moral support.

CHI has five homes in India, one in Nepal, one in Tibet and one in Bangladesh. Their homes accept children who are disabled, or parentless, or from socially disadvantaged situations, or who are destitute, i.e. do not receive even one good meal a day. Girls and boys are treated equally, and without regard to race, caste, colour, religion or culture. Living is simple and meals are vegetarian. They try not to Westernize the children, but rather attempt to raise them according to the highest ideals of their own cultures. They respect the heritage of each child, whether Hindu, Muslim, Jain, Sikh, Christian, Buddhist, secular or other.

### Creating Self-sufficiency

Destitute children from birth to six years of age are referred to CHI by local social welfare agencies. The homes provide full care through high school and then provide vocational training so that each child can enter the local society as a self-sufficient adult.

### Women's Programs

Another aspect of CHI's Gandhian philosophy is their commitment to improving the condition of women through direct employment, education, medical aid, legal aid, and training opportunities.

*"Let me light my lamp, says the star, and never debate if it will dispel the dark"*  
*Rabindranath Tagore*

To view a Child Haven video: <http://www.childhaven.ca/video-08.htm>

If you wish to learn more about, or support, Child Haven in additional ways, such as joining a Local Child Haven Support Group, Fund-Raising, or Voluntary Internships abroad, please contact Child Haven directly at [www.childhaven.ca](http://www.childhaven.ca) or through your NSUC Child Haven Liaison, Merrick Walsh @ 778-847-6377 or [merrick.walsh@gmail.com](mailto:merrick.walsh@gmail.com)

**Outreach 2010:** The annual process to select the monthly Outreach recipients begins this month. It isn't too early to start thinking now about those organizations that you want to be considered for next year. The forms for recommendation of an organization are available from any member of the committee. The cutoff for submission will be prior to the committee meeting on October 25, 2009.

### Child Haven Fundraiser Dinner & Auction

*Saturday, October 10, 2009 at 5:30 pm*

Our Lady of Sorrows Parish Hall, 2676 East Pender St., Vancouver

Bonnie & Fred Cappuccino, Directors of Child Haven, will give a brief slide report on the Child Haven homes. The silent auction will feature Nepali and Indian Artifacts. Tickets are \$25 or table of 8 for \$180.

For tickets/information/reservations, please contact: Venilal Sisodraker 604-985-5540, Katherine Doyle 604-255-4077 or Neelam Amin 604-294-6759. Please RSVP by Friday, October 2, 2009

### 2009 Unitarian Men's Retreat



Camp Sasamat, Belcarra .  
October 16-18

Theme: *Not What You Expect!!*

Friday 7:30 to 1:30 Sunday. All meals- Great Program- Deep Sharing- Deeper Laughter and Contact. Don't miss it. Scholarships available.

For registration form and more info: [http://www.nsuc.ca/news/news\\_home.html](http://www.nsuc.ca/news/news_home.html)  
Join us for a fabulous time in the woods!!

# The BC Heartwarming

Joyful song, inspiring words &  
heart-to-heart connections



## BC Heart Warming: This Year's Chance for UUs to Meet

Oct. 17: 9:30 – 4 pm

NSUC is hosting one of two single day events for BC Unitarians to gather to enjoy music together; to share the spiritual experience of small group ministry; to make new connections; and to talk together about how we see British Columbia, a Region of the Canadian Unitarian Council, forming and moving into the future. The first event is at the First Unitarian Fellowship of Nanaimo on Oct 2, same hours; feel free to attend the gathering at either or both locations.

### **SCHEDULE:**

9:30 – arrive; coffee/tea

9:45 – inspirational time with music, singing and words

10:30 – Discovery Circle-like facilitated small group

12:30 – lunch with free time or table topic discussions

1:20 – presentation from Jennifer Dickson, new Exec Director of CUC (taped)

1:30 – visualizing for the BC Region

2:00 – discussion groups to further develop ideas

3:20 – plenary summation

3:50 – closing

Registration: \$20 in advance/ \$25 at door / sliding scale for those who need it – covers refreshments, basic lunch, materials and costs. Registration forms are on the foyer table. **WITH ADVANCE REGISTRATION FOR NSUC SITE ONLY:** child care for infants through 4 yrs old; children's program for 5-12 yrs.

For more information, ask our minister.

## "U U Need a Ride" or "U U Need a Ride?"

What on earth does that mean? Further evidence of the creeping destruction of the English language? More funster/punster wordsmithing from one Stephen Atkinson?

Not quite: U U Need a Ride is the name we've given to a new effort at the Church to:

- improve the ease with which our young and our old, our spry and our not-so-spry, can "Get (me) to the Church on Time"
- reduce our impact on our environment
- have more fun!

We've developed two methods to begin to realize those goals.

The first is the "Vicky Cowan Community Map" which has been mounted downstairs in the hallway. We're putting photos of members and friends (with their consent), and placing these on the map so everyone can easily see who lives where. The Community Map is named after the late Vicky Cowan, who for years was the person at church who coordinated rides for persons who couldn't get to Church on their own. Vicky was an early member of the "U U Need a Ride" Committee and we thought it fitting that she be recognized for her contribution. We're hoping that once we see who lives in our neighbourhood we'll find it easier to offer each other a ride to Church or back home again.

The second project is the NSUC Ride Share Program, which can be accessed on our NSUC website. The Ride Share Program allows anyone over 18 to post a request for a ride or indicate they are willing to give a ride to another person going to an NSUC event, whether it be Sunday services, Choir Practice or any other regularly occurring or one-time event. We are also

actively discussing whether it will be possible to provide an online directory (password protected) of members and friends, with their addresses and photographs, that will enable further networking and community building.

Other members of the "U U Need a Ride" Committee are Vandy Savage, Jon Cooksey and Malcolm Mallory, with thanks to Stephen Atkinson for his continuing enthusiasm and assistance and to the Cowan family for generously contributing to the project. We are all eager to hear your comments or suggestions.

Candace Parker

## Discovery Circles 2009-10

During October, NSUC will again offer ministry to members and friends in small groups that we call Discovery Circles. These offer the opportunity to build relationships of trust and friendship with others in the church based upon *spiritual practice*, specifically deeper listening and sharing with each other.

Circles include a facilitator, a facilitator-in-training, 5-8 members plus an empty chair, signifying that circles may change over time. Each session includes the lighting and sending forth of the chalice flame; opening and closing words; check-in time; a spiritual practice; a topic, question or reading; and a round of focused, personal sharing on that material.

The nature of this sharing is crucial as it creates and holds the spiritual space in which trust and understanding develops; each person receives equal time to share freely without response, question or challenge from other members. Getting used to this non-

conversational format can be difficult, but is part of the spiritual development this ministry offers.

Our Discovery Circles are open to members, friends and newcomers. They serve a number of purposes: stimulating thinking and sharing about important issues; offering another way to deepen spiritually; fostering deeper and wider connections among congregants. As the program evolves, Discovery Circles will also be a way to integrate and welcome new people into our community.

We hope some of our previous facilitators will want to take this role again, and we will train those who are newly interested in facilitating. Sign-up sheets for Circles will be up until Oct. 11<sup>th</sup>. Our first groups will start meeting the following week and new groups may start whenever one is ready. This fall, meetings will be every 2 weeks for up to 8 sessions with a Christmas break and ending by February; in March, groups will reform and meet again till May or June.

For information, to sign up or offer to facilitate, contact the Discovery Circles co-ordinator, Andrea Fast, 604-988-5199, [andreafast@shaw.ca](mailto:andreafast@shaw.ca).



## Upcoming Events

### Sing Along Mama Mia

You won't want to miss this! Following the B.C. Heartwarming event at NSUC, we will be hosting a fundraising event that is sure to have you singing, laughing and enjoying some quality time with your UU friends from the Lower Mainland.

The place: North Shore Unitarian Church social hall

The day and time: Saturday, October 17, 7:30 pm- until you are AABA'd out.

The cost: \$10- adult \$5-child or \$25-family or any amount that makes you feel good about supporting our Teachers' Retreat

The perks:

- elevated endorphin levels and ensuing release of stress
- a goody bag with items to enhance your viewing and singing along with the movie, *Mama Mia (you need to phone ahead so we know how many to prepare)*-munchies and a no-host bar
- a door prize offered at intermission

We know Pierce Brosnan can't sing worth a darn and the movie is corny as musicals often are, but this is a chance to have fun together and raise funds, too. If you feel like donning your favourite disco outfit, we would love it. We hope you can join us.

For more info and to let us know you are coming please call Lynn Sabourin at 604-926-1621



## COMMUNITY DINNERS

Community dinners will start again this fall. They are a great way to get to know members and friends of the church in a more intimate setting. They are pot-luck dinners in a host's home on a chosen evening.

Please think about being a host and either contact me by E-mail, phone or in person with your name, date of dinner and number of guests. I will be happy to tell anyone more about these dinners anytime.

Coordinator - Diana Cathcart:  
di.cathcart@telus.net, 604-985-7562



## SING, SING A SONG

**NOW** is a good time to **Join The Choir.** We are just getting started with a new repertoire. Come along, choir practice is on Thursday nights from 7:00 pm to 9:00 pm.

## Fun Shui (Social Events)

- Friday, October 2 @ 7 PM Movie Nite
- Friday, October 30 @ 6:30 PM Philosopher's Cafe
- Friday, November 6 @ 7 PM Movie Nite
- Friday, December 4 @ 7 PM Movie Nite

As well there will be some walks/hikes scheduled until the snow hits, and after that we will be doing some X-Country Skiing during the winter months at Cypress following by home-made meals and dancing at Hollyburn Lodge.

Please check our Church Website, and the Orders of Service for additional details.

Please RSVP for all events to [merrick.walsh@gmail.com](mailto:merrick.walsh@gmail.com)

## Directory Updates

Marianne Blumenstiel  
New address:

504 - 110 19th Street,  
West Vancouver, BC  
V7V 3W8  
bluma@shaw.ca

Joyce Thierry Llewellyn &  
Evan Llewellyn  
#24-2554 Whiteley Court,  
North Vancouver, BC, V7J 2R5,  
778-340-5932

Correct email address for  
Andrea Tylczak:  
mail2\_andrea2@myway.com

New email address for Joanna  
Vaughan:  
jvaughan48@gmail.com

## Notices

### Artarians

During the month of October the Artarians are pleased to present the latest work of Moraig Baigi and Helen Ott who are both members of the North Shore Artists Guild.

Moraig is a Scot who emigrated to Vancouver with her husband. They have 4 children and 7 grandchildren. A landscape painter with a love for the West Coast her work has received honorable mention from jurors and People's Choice Award. Commissions are always welcome.

Helen finds painting a great adventure and hopes to portray to the viewer her love of nature and her surrounding environment. Her paintings have been exhibited in several venues in West Vancouver and with the North Shore Artists Guild.

The Artarians are a group of North Shore Unitarian artists. Biographies of the artists can be found at the back of the church. We are an active and fun committee who is always looking for new members. If you are interested please contact Jilly Watson at 604-947-9604 or [jilly.watson@shaw.ca](mailto:jilly.watson@shaw.ca)



### The Book Club

The Book Club will meet on Thursday, October 15th, in the Fireside Room from ten until noon. Anyone who has read *Coventry* by Helen Humphreys and would like to discuss it is welcome to attend. For further information phone Karen Funt at 604-925-3815 or Sharon Bowen at 604-985-9261.

### Cronies, Wise Women, Golden Girls

Please join us and add your news to our get-togethers on the 2nd and 4th Thursdays of the month, at 12:30. Do bring your lunch; we make tea.

### Cares and Concerns

Even as independent-minded Unitarians there are times in life when it's okay to need help. If you, or someone you know, is shut-in, ill, facing loss, crisis or other stress, Care and Concerns is available to help with a call or visit, a meal or drive, or other resources. (Please receive permission to call on behalf of someone else.)

Mary Segal 604-987-9676, Dianne Mylrea 604-980-6908, Candace Parker 604-984-2503, Leslie Whyte-Gibbons 604-913-9215, Romney Copping 604-929-3554, Jenny McHaffie 604-985-8429.

### Library News – Read On

We added ten new adult books to our collection:

- "Nonviolet Communication" by M. Rosenberg, two copies donated by Linda Vance and Wanda Morris
  - "Lonely Trail" by Pat Hutcheon, donated by Russ Scott
  - "Emotional First-aid Manual" by J. Stewart, donated by Mary Symons
  - "Saving Paradise" by Brock and Parker, donated by Andrea Tylczak
  - "The Life of Meaning" by Abernethy and Bole, "Simple Prosperity" by D. Wann, and - "Living Like Ed" by Ed Begley, all three donated by Maris Currie
  - "The Global Deal" by Nicholas Stern
  - "The Task of the Church and Role of its Members" by Bruce Reed
- We thank all our generous donors. Come to browse and check out the new additions!

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